

Total Fitness Tower

B506

*This VFR machine has it all
to get you fighting fit!*

This unit combines a power station (chin-ups, dips, pushups) with a speedball / floor to ceiling / is exactly what you need to bulk up your arms and shoulders while you lose inches and rip your abs. Full size back and arm pads make ab training safe and comfortable. You'll get full isolation without stressing your back when doing knee raises, leg raises and oblique bends. Grab the dip handles - they're engineered for perfect balance to allow you to develop massive triceps. Includes lat / chin station for chin-up and pull-up exercises.

Product Features

- Safe no-slip step-up entry
- Thick DuraFirm™ back and arm pads
- Comfortable oversized handgrips
- Lat pull-up / chin-up station
- Push-up station is cushioned and mounted a full 12" off the floor for the deepest pec building push-ups possible
- Comes with speedball & floor to ceiling ball
- *Punching bag in NOT included*



DIMENSIONS		USAGE
Length	200 cm	Home
Width	880 cm	
Height	156 cm	

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