

Powerline Home Gym

Body-Solid

BSG10X

*Excellent Workouts in Limited Space,
1 hour Assembly.*

Comes 90% pre-assembled in one box...

- Traditional press bar is bio-mechanically designed for maximum chest concentration and outstanding muscle development.
- Lat pull down station allows unlimited, full range of motion through unilateral, bilateral, converging or diverging movement.
- 73kg selectorised weight stack.
- Easy to use, space saving, no-cable-change design.
- 11-gauge mainframe construction assures maximum strength, function and durability.
- Telescoping, chrome plated, adjustable seat post for quick, smooth adjustment and proper body positioning.
- Live Working Area: 264cm x 185cm x 212cm
- 1000kg tension strength, military spec, steel aircraft cables with swivelling ends provide durability and low maintenance.
- Impact resistant fiberglass reinforced nylon with precision machined steel ball bearings.
- Tough, durable, electrostatically applied powder coat finish.
- Includes: 122cm lat bar, low row bar, ab crunch harness



DIMENSIONS		USAGE
Length	169 cm	Home
Width	100 cm	
Height	200 cm <small>(footprint size)</small>	

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