

# Pec & Rear Delt Machine

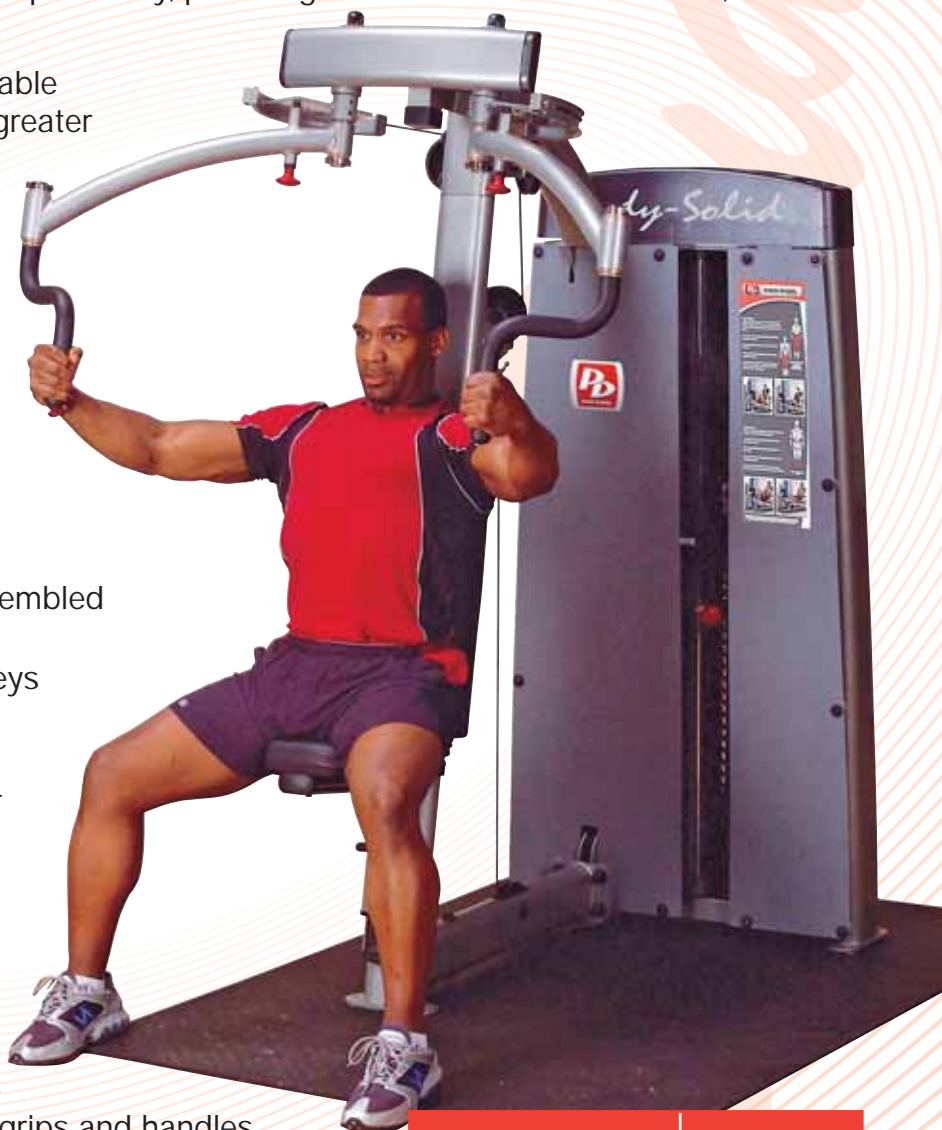
## PRO DUAL RANGE

## DPEC-SF

*Innovative design, proven biomechanics and advanced structural engineering.*

Developing a lean, muscular chest is an integral part of every weight training routine, and sculpting a full, balanced chest requires a wide array of movements that target muscles from a variety of angles. Body-Solid's Pro Dual Pec & Delt Machine's dual overhead variable resistance cams allow each arm to operate independently, providing unilateral and bilateral chest, back and shoulder conditioning.

- Independent arms with 5 adjustable starting positions enable users greater range of motion as well as both unilateral and bilateral arm movements.
- Extra-long 360 degree rotating handles self adjust to the users path of motion for both pec and rear delt exercises.
- Easy, 5-position gas-assisted seat adjustment puts users of any size in proper position.
- Continuous welded, factory assembled weight frame
- Fiberglass reinforced nylon pulleys
- 11 gauge 60mm x 120mm oval tubing
- Electrostatically applied powder coated
- 5.5mm dia., 1100kg rated aircraft cable
- Durafirm upholstery over 60mm high density foam
- .50 dia. connecting bolts
- 3 gauge steel connecting plates
- High density foam rubber hand grips and handles
- Industrially rated, sealed bearings at all pivot points
- Adjustable seat
- Extended handle provides multiple gripping positions
- Instructional placard included



| DIMENSIONS |        | USAGE             |
|------------|--------|-------------------|
| Length     | 145 cm | Home & Commercial |
| Width      | 86 cm  |                   |
| Height     | 173 cm |                   |

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