

# PowerPlus II Vibration Unit

QF2008

*Vibration technology can help to rebuild healthy and strong muscle tissue*

Vibration machines are widely appreciated for greatly improving your general health in many ways, however they are often overlooked in their use for relaxing the body after a good workout. More gyms are beginning to include vibration machine for the cool down period and to relieve tension at the end of a gym session.

You can enjoy these gym luxuries in your own home with this great vibration machine.

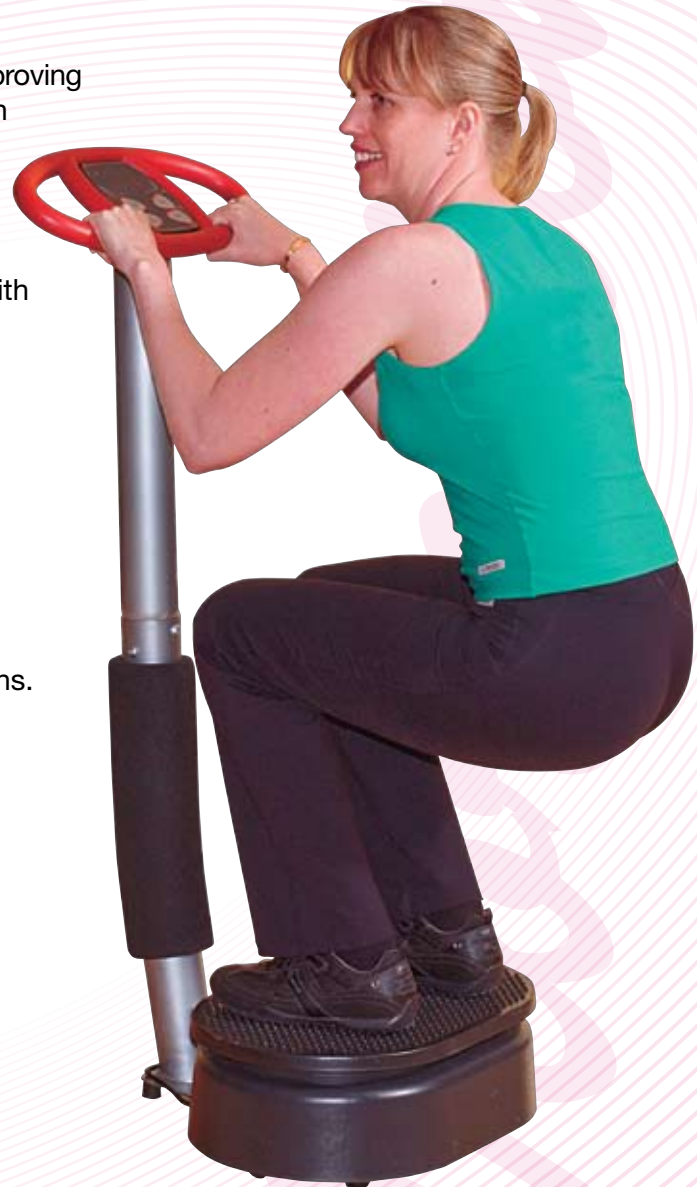
#### **Vibration training improves:**

- muscle strength/tone
- flexibility
- range of motion
- bone density
- osteoporosis
- stimulates blood circulation.

Besides that it can reduce muscle pain, soreness and expedite the recovery of damaged muscles and tendons.

#### **Specification:**

- 9 levels
- 46hz - 66hz
- 3 pre-set programs and manual setting
- Comfortable foam coated ergonomically curved hand grip.
- Sweat resistant.



COMPUTER FEATURES	MAX. USER WEIGHT	DIMENSIONS		USAGE
Speed levels, time.	80 kg	Length	37 cm	Home
		Width	45 cm	
		Height	71 cm	

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