

Orbit Vibration Machine

VM2

Improve your Wellbeing!

Vibration machines are widely appreciated for greatly improving your general health in many ways, however they are often overlooked in their use for relaxing the body after a good workout. More gyms are beginning to include vibration machine for the cool down period and to relieve tension at the end of a gym session.

You can enjoy these gym luxuries in your own home with this great vibration machine.



Vibration training improves:

- muscle strength/tone
- flexibility
- range of motion
- bone density
- osteoporosis
- stimulates blood circulation.

Besides that it can reduce muscle pain, soreness and expedite the recovery of damaged muscles and tendons.

The VM2 provides Dual Mode Training.

It has a unique operating system, giving the user 2 options for the motion of the machine, which in turn provides a greater variety of training options.

Option 1 - FLAT MODE	Option 2 - TILT MODE
Produces a pure vertical movement. Giving the user a single line of linear motion.	Produces a pivoting movement. Giving an up and down motion, like a seesaw.
	
Flat Mode	Tilt Mode

Specification:

- Comfortable foam coated ergonomically curved hand grip,
- 9 programs
- 20hz - 50hz in Flat Mode and 15hz - 30hz in Tilt Mode
- Sweat resistant.

Each machine comes with a comprehensive work out manual to guide you in the most effective use of your machine, to assist in getting the results you want with in your our home.



COMPUTER FEATURES	MAX. USER WEIGHT	DIMENSIONS	USAGE
Speed Levels, Time.	150kg	Length 50.8 cm Width 30.5 cm Height 128 cm	Home

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