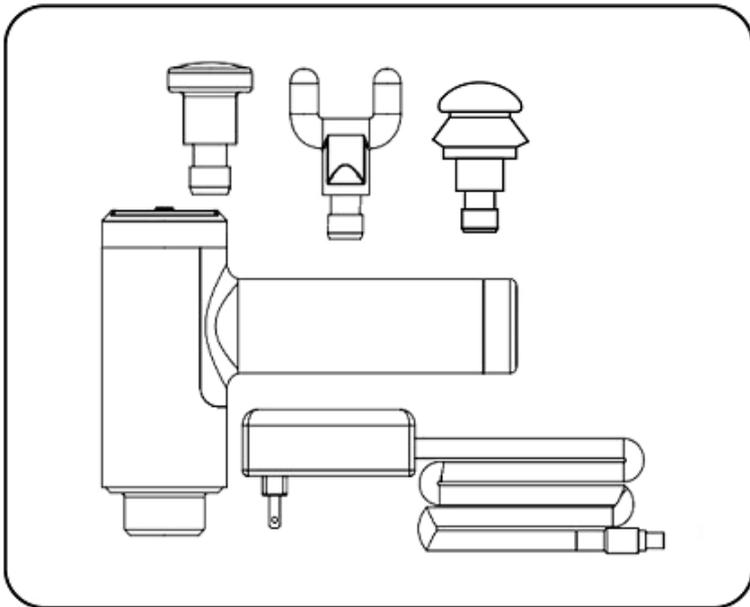


# **PHOENIX**

**Muscle Massage Gun User Manual**

**A3E**

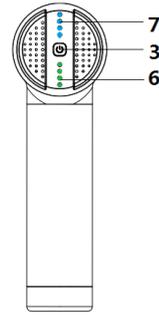
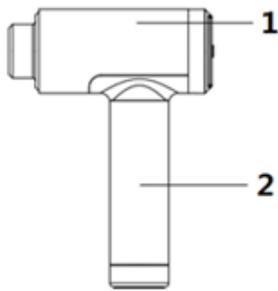


Side View

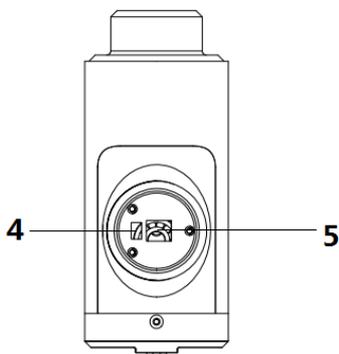
Commodity List of Classic :

Massager	1
Charger	1
Attachments	3

Back View



Bottom View



- 1.High Frequency, Quiet Glide and High Speed Robust Motor
- 2.Li-thium Battery(24V, 2500mAh in Professional, 1500mAh in Classic )
- 3.Start and Speed Control Button
- 4.Battery On/Off Switch
- 5.Charging Port
- 6.Power Indicator
- 7.Speed Indicator

Gear 1, one blue LED lights , 1800turns/min or 30Hz

Gear 2, two blue LED lights , 2200 turns/min or 37Hz

Gear 3, three blue LED lights, 2800 turns/min or 47 Hz

Gear 4, four blue LED lights, 3200turns/min or 53Hz



**Tower Attachment**

Whole Body Skeleton



**Fork Attachment**

Vertebral



**Flat Attachment**

Whole Body Parts

### **Massage gun operation Steps:**

1. Turn the battery On/Off switch ④ to position “ON”. Power indicator ⑥ lights up.
2. Choose the suitable massage attachments according to different massage parts.
3. Press start button ③ , Motor starts to work.

Press once, one blue LED light indicates Gear 1, 1800turns/min.

Press twice, two blue LED lights indicate Gear 2, 2200 turns/min.

Press three times, three blue LED lights indicate Gear 3, 2800 turns/min

Press four times, four blue LED lights indicate Gear 4, 3200 turns/min

Press fifth time, motor stops.

4. Turn off the battery while not in use.
5. Stop using massage gun if Power indicator only has Red LED light. Battery can be recharged at any time at any battery level. When fully charged, three Green LED lights and one Red LED light will remain on.
6. Switch Off battery and unplug the charger from power supply.

### **Battery Recharge Instruction:**

1. Do not use massage gun while it's being charged.
2. It will take an average 2-4 hours to fully recharge the battery, which will support an average run-time about 2 hours, depending on speed level and pressure applied.
3. Keep battery On/Off switch On while recharging the battery. When fully recharged,

## Safety Instructions:

To reduce risk of electric shock, fire, and personal injury, this product must be used in accordance with the following instructions.

1. Only allowed for adults.
2. Use only on dry clean surface of body over clothing or a dry towel. It should be gently pressed and moved across a body section for approximately 60 seconds.
3. In case of no pain and discomfort, high speed and pressure can be used on soft tissue part of the body. This device cannot be used on head and bones.
4. Please choose a suitable massage head according to different areas of body.
5. Frequent high-speed, high pressure on the same body part may cause abrasions, pain and discomfort. If you detect any symptoms, immediately stop using this device.
6. To prevent pinching, keep fingers, hair, or any other part of your body away from the telescopic rod of the device and the ventilation holes on the back. Do not insert any objects into the ventilation holes or block them.
8. Do not immerse this device in water, and prevent water or sweat dripping into the ventilation holes.
9. Do not drop or throw the device on a hard surface-this may damage motor and the inner structure of the device.
10. Only use the charger supplied together with this device (AC adaptor, input 100-240v, 50/60Hz AC. Output 26v, 700ma DC)
11. Exam massage gun and battery carefully before using, do not use if you detect any abnormal.
12. Do not make any modification to the device.
13. Keep an eye on the device while it's recharging. The charger will heat up to 40-50 degrees Celsius while in use, which is normal. **Switch off main power supply and then unplug the charger if you detect abnormal heat or burning smell from the charger or the device.** Contact Orbit service for further advice.

## Maintenance:

1. Turn off battery after using.
2. Clean with a dry towel regularly.

## Warning:

1. Do not immerse in water, keep far away from liquids and heat sources, and keep the motor ventilation holes free from dusts
2. Do not remove the screws or attempt to disassemble

3. Do not use continuously for more than 1 hour. Allow device to rest 30 minutes before restart.
4. Do not use the device while charging.
5. Do not use the device on bruised or injured body parts without consulting a doctor.

### **Disclaimer:**

Please read the instruction manual carefully before using the device, and only use the device correctly according to the instructions. If you do not use the device correctly according to the instructions and result in causing harm or injury, the manufacture and retailer will not be legally responsible for such loss.

### **Consult your doctor if you have any concern.**

Do not use high-speed and high-voltage device without doctor's approval under following situations:

Pregnancy, diabetes and complications such as neuropathy or retinal damage, pacemaker wear, recently completed surgery, epilepsy or migraine, disc herniation, loosening or spondylitis, recent joint replacement or intrauterine device or if there is a problem with physical health. These contradictions do not mean that you cannot use the device, but we recommend that you consult your doctor before using it with your doctor's permission. This device is not a medical instrument, hence, any above contradictions must follow and comply with doctor's advice or a professional therapist's recommendation.

### **Warranty Statement:**

We will repair or replace parts and/or complete device free of charge due to defects in materials, manufacturing or design within one year from the time of purchase, except in below situations:

1. Damage caused by improper use, maintenance and storage.
2. Unauthorized disassemble and repair of the device.
3. Failed to follow the user instructions correctly.
4. Overload the device which exceeds its designed capacity, i.e. continuous operating time and operating pressure, ignore of low battery warning etc.
5. Fail to provide proof of purchase, i.e. tax invoice and/or payment slip.

For service and warranty, please contact

Orbit Fitness and Health Solutions

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8am-4pm on week days

Tel: 08-62413025, e-mail [service@orbitfitness.com.au](mailto:service@orbitfitness.com.au)